



# CAA Application Timeline

A month-by-month plan from building your candidacy to decision day.

A month-by-month plan for a single CASAA cycle. Dates shift year to year, so anchor to your target programs' deadlines and work backward.

When	Phase	Focus
18-12 months out	<b>Foundation</b>	Finish or finalize prerequisites; refresh any aging or weak science grades. Research programs and their exact prereq, exam, and recency requirements. Start shadowing.
12-8 months out	<b>Exam &amp; experience</b>	Study for and take the GRE or MCAT. Keep logging shadowing and patient-care hours. Line up 3+ recommenders and brief them.
8-5 months out	<b>Build the application</b>	Open your CASAA account when the cycle launches. Request all transcripts. Enter coursework carefully. Draft your personal statement.
5-3 months out	<b>Submit early</b>	Finalize the personal statement, confirm letters are in, and submit to programs as early as you can - most review on a rolling basis. Complete supplementals.
3-1 months out	<b>Interview</b>	Prepare and attend interviews; send thank-you notes. Keep prerequisites current if anything is close to expiring.
Decision	<b>Decide &amp; prepare</b>	Compare offers on fit, cost, and location. Submit your deposit by the deadline. Plan finances and relocation for matriculation.

**Rolling admissions reward early applicants.** A complete, submitted application months ahead of a deadline is materially stronger than a perfect one submitted at the buzzer.

Dates are approximate and vary by program and cycle. Always confirm the current CASAA timeline and each program's deadlines.